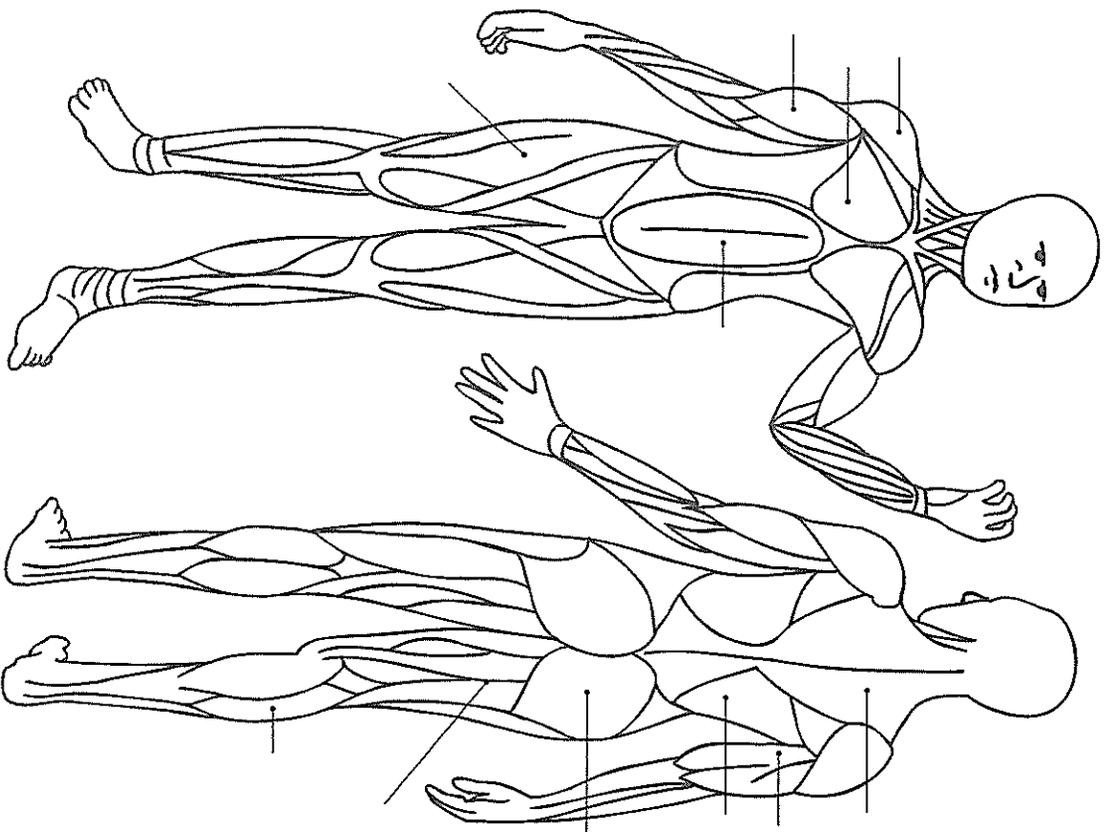


MUSCLES FOR LIFE

Name _____ Period _____ Date ____/____/____

Muscle Names



MUSCLE NAMES	
Abdominals	Latissimus dorsi
Biceps	Pectorals
Deltoids	Quadriceps
Gastrocnemius	Trapezius
Gluteals	Triceps
Hamstrings	